

Questions & Answers – by Marva Boehm Mason

Communicating with your pet –

Are there times when you can't quite understand what your pet wants, or you can't convey to your pet what you want? We've all been there! Time to call a pet psychic? Not really. Its time for you to communicate with your own pet!

The first thing to do in communicating with your pet is to clear your mind. What is it that you want to make your animal understand. How can your pet possibly understand you when you have so many thoughts racing through your brain. Its not the same as telling your child or spouse that you are off to go shopping as you race through the house with your keys in your hand and out the door. Your animal needs for you to settle down your mind and thoughts, almost to a meditative state.

Second, let's get on the eye level of your animal. Either have them in your lap near you, or get down to their level where eye contact can be made. Your pet doesn't understand English, Spanish, French, Italian, or Russian. Pets understand tone and intent. Why is it that is has always been said that pets are intuitive and can pick up on whether someone likes animals or not? Because they do. They understand truth, and what is coming from the "vibes" of the person projecting them.

Now, we have slowed down our thoughts and mind, we have gotten on the eye level of our pet and now we are ready to "hear" what is on their mind, and allow them to "understand" what is on our mind. Don't allow your actions to be in direct conflict of what you want them to understand. Anger and frustration will get you nowhere. If an animal is acting out a problem, try to understand the root of the problem. Is the animal upset because they are left alone too much? How can you compensate with them..... After all, you do have to go to work, and have to be gone a certain amount of time to earn your paycheck.

Animals need reassurance that you will return, you will love and feed them, and you will take care of them. Communicating with your animal starts in your heart and mind. Remember, your pet doesn't understand English, but does understand the tone in which language is spoken and understands the body language that you convey at the same time.